Welcome to the NSU Libraries! I am the library faculty who will help you with health sciences information needs, research assistance, online searches, instruction, collection development, or advice regarding resources and library services. Please feel free to send an email or call anytime. I look forward to working with you.

**Learning Objectives**

- To provide a mechanism for students to access the most current Dietetics and Nutrition and health related information
- To familiarize students with specific information resources and library services to support the Dietetics and Nutrition curriculum
- To familiarize students with evidence-based health care and lifelong learning skills

**Lecture Slides**

**Search Exercises**

**Joanna Briggs Institute Database Slides**

**Library Resources for Nutritional Sciences Web Page**

I have organized all Dietetics and Nutrition resources in one place to save time and to make access to the databases, e-books and e-journals you need available to you 24/7. Please add the following link to your bookmarks or favorites from your browser.

[http://library.nsuok.edu/collegesh/healthpr/dn/index.html](http://library.nsuok.edu/collegesh/healthpr/dn/index.html)

**Please Note:** You must access the online resources from the link shown above in order to display the full text of journal articles and book chapters that are included in our subscriptions. Internet Explorer does not work well with our databases. Please use another browser, such as Firefox or Chrome.
Resources

The following overview will help you get started with the most frequently used online resources to complete your research and to answer the type of questions that may arise in clinical settings.
Research & Clinical Databases

CINAHL Plus w/Full Text stands for Cumulative Index to Nursing & Allied Health Literature. Core research tool that contains full text of hundreds of nursing and allied health journals, including ASHA journals.

MEDLINE is the premier database from the National Library of Medicine. Contains journal articles from 1946 to present in medicine, nursing, health care system, and allied health care practice, education, and research.

Nutrition Care Manual is a web-based diet manual and professional practice manual for registered dietitians and allied health professionals.

Science Direct is a full text scientific database produced by Elsevier. It contains journal articles from over 2,500 journals and chapters from almost 20,000 books. You can browse publications by subject or title.

Academic Search Premier is a multi-disciplinary database that provides full text for over 4,600 journals.

Social Sciences Full Text provides full text of over 600 journals in the social sciences back to 1983.

Education Full Text contains full text of 350 journals in education and special education back to 1996.

Mosby’s Nursing Consult is an all in one resource that contains full text of e-journals, e-books, images, drug monographs of all FDA approved drugs, patient education materials, and pre-searches of popular topics in nursing and health care.

Joanna Briggs Institute is an international research organization that produces the JBI database of evidence summaries, systematic reviews, and other documents to support evidence-based practice in nursing and allied health care.

Cochrane Systematic Reviews are produced by the Cochrane Collaboration, a highly respected international research group that promotes evidence-based practice in all medical specialties.

DynaMed contains thousands of evidence-based summaries on all medical and health care topics that are updated daily, evaluated for clinical relevance and scientific validity, and answer clinical questions at the point of care.

National Library of Medicine provides access to hundreds of databases covering a wide range of biomedical information resources.

Native Health Databases contains citations and abstracts of documents pertaining to the health care of North American indigenous peoples.

e-Journals

Journals published by the American Academy of Nutrition and Dietetics can be accessed from the Nutritional Sciences web page and are also available in full text in the Science Direct database.

Additional e-Journal Collections that contain Dietetics and Nutrition journals are NSU Journals@Ovid and CINAHL Plus w/Full Text.

e-Books

R2 Digital Library contains full text of Dietetics and Nutrition books from the current Doody’s Core Titles in the Health Sciences.
Books@Ovid contains full text of health sciences books published by Lippincott Williams & Wilkins and other leading publishers such as American Nurses Association, Oxford University Press, Joanna Briggs Institute, Jones-Bartlett, and Springer Publishing.

Access Medicine contains full text of leading medical and health sciences books from the McGraw-Hill clinical library as well as textbooks and handbooks from the Lange educational library in both basic and clinical sciences.

Mosby’s Drug Monographs contains full text monographs for the health care professional and the patient of all FDA approved drugs. You can search by generic or brand name, indications, or contraindications and access handy tools, calculators, and tables.

Consumer Health

MEDLINEPlus is the National Institutes of Health’s web site for patients and families. It is produced by the National Library of Medicine and contains information about diseases, conditions, and wellness issues. Information is comprehensive, well-written, current, reliable, and features links to videos, medical research, and clinical trials. It is the most widely used consumer information resource in major hospitals and health care centers.

Mosby’s Nursing Consult is produced by Elsevier and includes patient education handouts that are clearly written and illustrated, current, and peer reviewed by health care experts.

Joanna Briggs Institute provides consumer information sheets for patients that are simple, easy to read, and evidence-based.

John Vaughan Library – NSU Tahlequah

The library provides comprehensive print and electronic collections in Nutritional Sciences and allied health.

During regular academic periods, the library is open until 12:00 a.m., Sunday through Thursday. Comfortable study areas and wireless access are available throughout the building. Desktop computers, printers, and scanners are located on the first and second floors. Laptops, iPads, and cameras can be checked out at the first floor Information Desk. WiFi hot spots are located throughout the building. Locations of service desks and collections are as follows:

- 1st Floor. Information Desk, Reserves, Circulation, Audiovisuals, Interlibrary Loan, Scanners, Printers, Photocopies, Computers, and Computer Labs
- 2d Floor. Journals, Newspapers, Administration, Special Collections, Scanners, Printers, Computers
- 3d Floor. Books, Government Documents, Dietetics and Nutrition Librarian

Additional Help

I am happy to be available to help you with any aspect of library services or resources. Click on my email from the Nutritional Sciences web page to contact me anytime. Please do not hesitate to get in touch for help with database searches. Searching online databases can be challenging and is a lifelong learning skill. The tutorials provide guidelines to get you started, but they cannot cover every search question that may arise. If you have problems finding articles on your topic or retrieving articles you locate, please contact me by email or by phone. If you use email, it is helpful to enter “Dietetics and Nutrition” in the subject line so I will notice your message right away. The following library resources and services are also available to help you:

- Remote Access. You will have access to databases and online articles as well as other library resources and services 24/7. When you use a computer from home or any remote location, you must enter your NT-NSU user ID and password to gain access to the library’s databases. If you have any technical problems or
difficulty logging in to use the library’s resources, click on the “Technical Help” button from the web page. Contact information is provided for specific types of technical problems

- **NSU Libraries Collections.** The library’s online catalog provides access to the books, audiovisuals, journal titles, government publications and other documents contained in the collections at the three NSU libraries

- **Interlibrary Loan and Document Delivery.** If you need an article that is not available in one of the online databases but is available in the library’s print collection, the article can be copied for you or provided to you electronically. There is no charge for this service. If you need an article or book that is not available either electronically or in the library’s print collection, they can be ordered from another library at no charge to you. Click on the “Interlibrary Loan” button from the Nutritional Sciences web page to complete the online forms that are necessary to request ILL services. Please indicate on your profile that you are a “health professions student” and provide complete email and telephone contact information

I hope the library, its staff, services, and resources will become an integral component of your work at NSU. Have a Wonderful Year!